Infinity Dental
8940 W. Tropicana Ave
Las Vegas, NV. 89147
702-248-4448

Take-Home Whitening:

General Information:
This information is being provided so that I you can make an informed decision regarding a professional tooth-whitening system. Your understanding of the process and your compliance to our instructions immediately after the procedure will allow for us to achieve the best possible long term result.

The take home whitening system consists of a whitening gel developed specifically for a whitening agent. Tooth systems are safe in general and the system used in this procedure is no exception, but it should only be performed under the care and supervision of a licensed dentist. The average treatment time for most cases is thirty minutes to one hour 2-3 times a week.

The advantages of home whitening include performing the treatment when it is convenient for you with lower cost. The disadvantages to home bleaching are that the success of the treatment is dependent on your commitment to wearing the whitening tray consistently for the prescribed period.

Potential Risks and Limitations:
I understand that almost all natural teeth can benefit from whitening treatments and significant whitening can be achieved in most cases. I also understand, however that whitening treatment results may vary or regress due to a variety of circumstances. I further understand that whitening treatments are not intended to lighten artificial teeth, caps, crowns, veneers or porcelain, composite or other restorative materials. I understand that teeth with multiple colorations, bands, splotches or spots due to tetracycline use, orthodontics, or fluorosis do not whiten as well, may need multiple treatments, or may not whiten at all. I understand that teeth with many fillings, cavities may not lighten and are usually best treated with other non-bleaching alternatives. I understand that provisionals and/or temporaries made from acrylics may become discolored after exposure to whitening treatment.

Risk factors include tooth sensitivity, Soft-Tissue (Gum/Lip/Cheek) Inflammation, Cavities or Leaking Fillings, Cervical Abrasion/Erosion (Recession), Root- Resorption, and Relapse (Teeth will slowly return to their original shade).

Post-Operative Care:
You should avoid chomatogenic (chemical staining) foods products for the first 48 hours such as soda tobacco, coffee, tea, red wine, or any food or drink which is associated with staining. Thereafter, the frequency of the use of these products affects the longevity of the whitening. This can be minimized with good home care and whitening toothpaste. Using fluoride-based products (mouthwash or toothpaste) is beneficial to avoid sensitivity. Do not keep whitening gel on for more than 1 hour. Please take time to read all written instructions, and listen carefully to all oral directions. Please feel free to ask any questions you may still have.

X_____ Date: _____

Patient Signature

Employee/Assistant Initials: _____